

## **SUPREP**

Your doctor may recommend this bowel preparation for various abdominal or rectal surgeries. He will provide you with a prescription for this at this office or it may be called into your local pharmacy.

The day before your scheduled procedure, you must drink **CLEAR LIQUIDS ONLY**. For Dr. Marx, these liquids include water, soft drinks, coffee, tea, popsicles, jello, broth, or clear juices. **DO NOT DRINK MILK OR ANY RED OR PURPLE DRINKS**. Continue to drink these up until midnight to keep yourself adequately hydrated.

**SUPREP BOWEL PREP is a split-dose regimen. Both 6-ounce bottles are required for a complete prep.**

**FIRST DOSE: Begin Step 1 at 2:00pm the day before your procedure** (The doctor will provide you with a date)

You must complete Steps 1 through 4 using one (1) 6- ounce bottle.

**STEP 1.** Pour **ONE** (1) 6-ounce bottle of SUPREP liquid into

**the mixing container.**

**STEP 2.** Add cool drinking water to the 16-ounce line on

the container and mix. **NOTE:** Dilute the solution concentrate as directed prior to use.

**STEP 3.** Drink **ALL** the liquid in the container.

**STEP 4.** You **must** drink two (2) more 16-ounce containers of water over the next 1 hour.

**SECOND DOSE: Begin Step 1 at 7pm that night**

For this dose, repeat Steps 1 through 4 as described above using the other 6-ounce bottle.

STAY HYDRATED BY DRINKING ALL REQUIRED CLEAR LIQUIDS DURING THE PREP.

Do not consume anything by mouth after midnight. The only exception to this is if the doctor has allowed you to take your morning medications with small sips of water.

For any questions, please don't hesitate to call our office.